



How to Adult: Canberra Uni Life



ANU Students' Association (ANUSA)

The ANU Students' Association is the peak representative body for all ANU undergraduate students. If students are undertaking an undergraduate degree at the ANU they are automatically a member of ANUSA.

Three Pillars of ANUSA

Advocacy

ANUSA represents undergraduate students in all levels of university life. We have representation on a diverse range of university committees.

We also have 7 autonomous departments representing marginalised groups in our society: Indigenous, Women's, Queer*, Ethnocultural, International Students, Environmental, Disabilities

Welfare

If students need any help at all, ANUSA should be the first port of call.

Our Student Assistance Team is here to help with any hurdles that students may come across at uni.

If we can't help then chances are we can put students in touch with someone who can. We also have fully qualified lawyers who are here to give free and confidential legal advice.

Social

Our social events range from large-scale events like our famous Friday Night Party to regular free BBQs to small-scale evening events.

We run O-Week in semester one and Bush Week in semester two, the two biggest social events on the ANU Calendar.

We also facilitate the Clubs Council, which has over 120 Affiliated Clubs & Societies.

Free Legal Advice

ANUSA offers free and confidential legal advice to ANU students.
Some examples of areas they advise on:



Rights when Renting



Legal disputes



Rights at Work



Advice for student
entrepreneurs



Visa Advice

The ANUSA Student Assistance Team can help with:



Academic Issues



Financial Issues



Emergency
Accommodation



Referrals



And more!



Services around Canberra

Outline of Presentation

- Transport
- Medical
- Shopping
- Communication
- Financial
- Employment
- Safety

Public Transport

- **Bus**

- Public bus service – Action
- 4 bus interchanges – Civic, Belconnen, Tuggeranong and Woden
- Plan your trip
 - Use Google Maps
 - Visit www.action.act.gov.au for bus timetable
 - Ask the driver where they're heading if you're unsure of the bus's destination
 - ACTION's NXTBUS: real time which buses are due within the next 90 minutes.
 - If you need to take your bike on the bus, look out for the Blue Rapid or Red Rapid services, which have specially designed carry racks
 - Myway – Tertiary student card, paying by cash vs by Myway
 - MyWay recharge centres: <https://www.transport.act.gov.au/tickets-and-myway/get-myway/recharge-agents#city>

- **Canberra Metro** – Gungahlin to Civic (through Braddon, Dickson, Lyneham)
- **Taxis, Ride sharing services** (Uber & Ola)

Transport

- Bikes

- It is estimated that a student spends \$750-\$1500/ annum on transport
- Places to buy bikes: Gumtree, Facebook marketplaces, PARSA Cycles
- Illegal to ride bike without helmet
- Must have a light on your bike if riding at night
- Lock your bikes

- Scooter

- Neuron and Beam (download the App to access)
- Please wear the provided helmet!

- Access Canberra

- Driving licence https://www.accesscanberra.act.gov.au/app/answers/detail/a_id/1581#!tabs-2
- Proof of age card (Civic Library) https://www.accesscanberra.act.gov.au/app/answers/detail/a_id/51/~proof-of-identity-cards



Medical

- ANU medical services
 - ANU Health and Wellbeing Centre
 - Counselling
 - GP
- GPs (off campus)
 - Health Engine <https://healthengine.com.au/appointments/bulk-billing-gp/>
 - Walk in centre – Belconnen, Dickson, Gungahlin, Tuggeranong, and Weston Creek.
- Ambulance
 - Check if you have insurance with ambulance cover, otherwise call out can be as expensive as \$650
- COVID-19 ACT updates
 - <https://www.covid19.act.gov.au/>

Medical

- Insurance
 - OSHC (Allianz) – Student Centre
 - Other private health insurance companies – Bupa, AHM etc
 - Medicare
- Pharmacy
 - University Pharmacy
 - Priceline Pharmacy (Canberra Centre)
 - Chemist Warehouse / Discount Pharmacy – Dickson
- Optometrists/optical stores
 - Check-ups free if you have Medicare, and may be covered under private health insurance
 - Specsavers, The Optical Superstore etc.

Shopping

- **Grocery**

- Canberra Centre (1.5km away) – Coles and Aldi
- Tangney Lane – (Literally downstairs) Daily Market
- Dickson (4km away) – Woolworths
- Coles/Woolworths do home delivery

- **Dining**

- Cheap meals: Food Co-op, Global Café.
- Kambri – relatively expensive but on campus.
- Fine Dining - Kingston

- **Coffee (best in the world?)**

- On Campus – Coffee Grounds, As You

Like It, Rex Espresso, Craft Beans.

- Off Campus – ONA coffee (Fyshwick)

- **Second hand goods**

- Green Shed – Canberra City 1.5km away
- Red Cross – Canberra City 1.5km away
- St Vincent Du Paul (Vinnies) – Dickson 4km away
- Free and For Sale Facebook groups in Canberra

- **Hair cut**

- Just cuts– Canberra Centre 1.5km
- Hair and Beauty Bar at CIT

Communication

- Mobile network
 - Prepaid
 - Post-paid Plans
 - Things to watch out for in a contract: charges, additional subscription, length of the contract, early termination charges, network coverage
 - Insider Guides: http://insiderguides.com.au/wp-content/uploads/2020/02/canberra-insider-guides-2020.pdf?mc_cid=7bcb916b1d&mc_eid=4f3f87cbd2
 - Home Internet
 - Compare Broadband webpage <https://www.comparebroadband.com.au/>

Financial

- **Bank account**
 - Why do I need a bank account?
 - allows you to earn money; receive payments from employment or a scholarship. You will be provided a debit card which you can use to shop across Canberra.
 - How to setup a bank account?
 - collect identity documents; photographic identification (passport or birth certificate), proof of residence (letter from residence or a utility bill), proof of enrolment (student card)
- **Budgeting assistance** – CARE financial counselling
- **Centrelink**
- **Tax File Number** <https://www.ato.gov.au/individuals/tax-file-number/apply-for-a-tfn/>
- **ANUSA grants and programs**
- **BKSS** – free food and amenities

Employment

- ANU careers
 - Help with CV/ Interviews
 - Casual job register
 - Planning your career
- ANUSA lawyer – your rights at workplace
- Skill Up
- Volunteering
 - ANU+
 - ACT volunteering <https://www.volunteeringact.org.au/#/>



Safety

- **ANU security**
 - Call them on 6125 2249
- **ANU OK (app)**
 - Search “ANU OK” on your app store
 - Virtual walk home
 - Short cuts to ANU Security and Emergency Services
- **Emergency services**
 - If there is an emergency call “000”
 - CRCC (Canberra Rape Crisis Centre): 6247 2525
 - Lifeline: 131 114
 - ANU Wellbeing and Support Line: Phone 1300 050 327 or text 0488 884 170

Trigger Warning: the next slide mentions Sexual Assault/Sexual Harassment

Sexual Assault and Sexual Harassment

We believe you, it was not your fault.

- ANUSA Student Assistance Team are trained to respond to sexual violence disclosures and can assist students who have experienced such. We can help you establish immediate security, provide options of support and assist in accessing restorative justice through internal ANU procedures or external.
- If you are assisting a person who has experienced sexual violence, you can also come in to discuss with us. We can assist you with a debrief, reassure if you are taking the right steps and can provide access to additional resources.



Contact ANUSA



Phone: 02 6125 2444



Email: sa.admin@anu.edu.au



Website: www.anusa.com.au



[Facebook.com/ANUStudentsAssociation](https://www.facebook.com/ANUStudentsAssociation)



Students can visit the ANUSA office or BKSS at Level 2 Di Riddell Student Centre, Kambri.



Questions?